



PRESIDENCY KALEIDOSCOPE

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ANNIVERSARY

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Uptake

Food is one common thread that binds people. The ubiquitous food carts that dot our roads, the wafting smells of the various culinary delights, the sights and sounds associated with the process of cooking and eating—these are home-grown memories that we will never be able to detach ourselves from. We have dedicated thindi veechhis across many localities in our metropolis now. The food industry is the most rapidly growing and evolving one, and hopefully we will see no recession there. With the massive movement of people from one part of the country to another or through different lands, fusion foods are the staple now, much to the delight of hungry customers willing to experiment and innovate.

And then comes a dampener in the form of a new research study from NOAA's Chemical Sciences Laboratory (CSL) in the United States, which released startling findings stating that the smell of cooking food is possibly polluting the air we breathe, enough to break the hearts of many gourmands. Researchers found that Las Vegas, which has one of the highest number of eateries in the United States, has persistent air quality issues, which could be due to the delicious smell of food cooked at restaurants, food trucks, and street vendors, and this might be negatively impacting air quality. "If you can smell it, there's a good chance it's impacting air quality," researchers said

in the study. The study concluded that air pollution from cooking is vastly underestimated, and the problem may be even more acute indoors and inside homes.

Just as we were blaming fumes from vehicles, the burning of stubble or waste, and the release of gases due to polluted rivers, comes this study, which adds one more layer to the already black list of agents that cause air pollution. And we thought all along that smelling good food was one of the least harmful and easily available luxuries in our modern lives.

Well, it is not all gloom and doom, and this world still remains a wonderful place to live in because of a few individuals who rise above the chatter and want to do something good. An ex-merchant navy captain, D. Chandrasekhar, from our own Namma Bengaluru, is a passionate advocate for crafting cost-effective solutions using simple techniques to address complex problems. In 2010, he set up AlphaMERS to find effective solutions for water bodies. Today, his simple innovation, the river barriers, designed to trap trash, utilizes mesh to minimize drag forces with a solution rooted in hydrodynamics. His team has already removed 2,200 metric tons of plastic from a coastal river in a nearby town and has cleaned several lakes across Bengaluru.



Intelligence is universal, and in a country like India teeming with problems, youngsters can certainly find solutions if only they dare to innovate and take risks. So to all you students, take a leaf from the lives of these inspirational men and women; they abound if only you look around and achieve success by doing something out of the box. Textbooks fetch us degrees, but innovations are born from turning the pages of the world around us. There are so many issues crying out for solutions. Innovation is the key.

Kaleidoscope, in its present monthly format, turns two with this edition. A quiet milestone, but a powerful message that together we can certainly achieve much. We are able to reach this milestone because of your interest and support. A heartfelt thank you to all of you who have been contributing, and we request that you keep them coming. For those yet to explore, it is never too late to open an account. We pray that Kaleidoscope will continue to grow and serve as a vehicle for our collective hopes, aspirations, and cherished memories.

Until we meet again, have a wonderful time ahead!



The River Barrier

Dr. Akila S Indurti
Editor



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BEYOND CLASSROOM

A celebration of your talent



ಎಲ್ಲಿಂದ ಪ್ರಾರಂಭಿಸಲಿ?

ಎಲ್ಲಿಂದ ಪ್ರಾರಂಭಿಸಲಿ?

ಬಾಳೆಂಬ ಲೋಕದಿ

ದಾರಿಗಾಣದೆ ನೋವಿಂದ ತುಡಿವ

ಸಮಾಜದ ಮನುಜರ

ದುಃಖವ ನಿವಾರಿಸಲು

ಎಲ್ಲಿಂದ ಪ್ರಾರಂಭಿಸಲಿ?

ಹುಸಿ ಸಂಗತಿಗಳ ನುಡಿವುದು

ಮಿಕ್ಕು ಮೀರಿದೆ

ಹೂ ಚಿಗುರಿದ ಕಾನನದಲಿ

ಉಲ್ಲಾಸದಿ ಏಳುವ ಹೂವಿನ ಮೊಗ್ಗುಗಳ

ಅಳುವಂತೆ ಮಾಡುವ ವಂಚಕರ

ಗುಂಪು ಸಹಿತ ಅಳಿಸಲು ನಾನು

ಎಲ್ಲಿಂದ ಪ್ರಾರಂಭಿಸಲಿ ?

ಕಡಲಿನಂತಿರುವ ನಿನ್ನ

ಅಲೆಯಂತೆ ಲಾಲಿ ಹಾಡಲು ನಾನು

ಎಲ್ಲಿಂದ ಪ್ರಾರಂಭಿಸಲಿ ?

ಆಗಸದಿ ಚಂದ್ರನ ಕಾಣಲು

ತಮಿಳು ಮೂಲ: ಆರ್ಕಾಡ್ ರಾಜ ಮೊಹ್ಯದ್
ಅನುವಾದ ಡಾ. ಮಲರ್ ವಿಳಿ ಕೆ
ಪ್ರೆಸಿಡೆನ್ಸಿ ವಿಶ್ವವಿದ್ಯಾಲಯ

ಬೀದಿಯಲಿ ಮೆರವಣಿಗೆ ಹೋಗುವ ನಿನ್ನ

ಗೆಲುವಿನಿಂದ ಬಾ ಎಂದು ಹರಸಲು

ಎಲ್ಲಿಂದ ಪ್ರಾರಂಭಿಸಲಿ ?

ನಕ್ಷತ್ರಗಳೆಲ್ಲವನ್ನೂ

ಒಂದೇ ಇರುಳಲಿ

ಎಣಿಸಿ ಬಿಡಲು ನಾನು

ಎಲ್ಲಿಂದ ಪ್ರಾರಂಭಿಸಲಿ?

ಏನನ್ನೂ ಅರಿಯದ ಬಾಲಕ ನಾನು

ನೀವು ನಿರಾಕರಿಸಿದವರಲ್ಲಿ ಒಬ್ಬ

ಸ್ಥಿತಿ ಗತಿಯ ಸರಿಪಡಿಸಿ ಬೆಳೆಯಲು

ಎಲ್ಲಿಂದ ಪ್ರಾರಂಭಿಸಲಿ?

ದಾರಿಯುದ್ದಕ್ಕೂ ಬಡವರ ಬೀಳಿಸಿದ್ದರೂ

ಲೋಕವ ವ್ಯಥೆಪಡಿಸಿ ಬೀಳಿಸಿದ್ದರೂ

ಸಮಾಜದಲ್ಲಿ ನೀತಿಯ ಶಾಶ್ವತಗೊಳಿಸಲು

ಎಲ್ಲಿಂದಲೂ ಪ್ರಾರಂಭಿಸಬಹುದು

ಯಶಸ್ಸಿನ ದಾರಿಯ ನಿರ್ಮಿಸುವುದು ಕಾಲ !

Tamil Original: Arcot Raja Mohd
Translated by Dr. Malarvili K
Professor of Kannada
Department of Languages
Presidency University

ಅವಳೆಂದರೆ...

ಅವಳೆಂದರೆ
ಗರಿಕೆಯ ಹಾಗೆ
ಕಿತ್ತೂರು ಚಿಗುರುವ ಜೀವಂತ ಕಾವ್ಯ
ಕಸವೆಂದೂ ಪೂಜಿಸುವ
ಅಲಂಕಾರ ದ್ರವ್ಯ.

- ಅಂಕುರ

ಅವಳು ಎಂದೆಂದೂ...

ಅವಳು ಎಂದೆಂದೂ
ಅರುಕುಮ್‌ಪುಲ್ ಬೋಲ
ಅನುತುತಾಲೂಮ್ ತನಿರ್ಕ್ಕುಮ್
ಒಯಿರಬ್ಬುಲಗ್ ಕಾವಿಯಮ್..!

ಕುಬೈ ಎಂದೆಂದೂ
ವುಜಿಬಡುಮ್ ಅಲಂಕಾರಬ್ ಬೊರುಗ್..!

Kannada: Dr. Ravishankar A.K (Ankura)
Kristu Jayanti College Autonomous
Tamil Translation: Dr. Malarvili K





A South African Adventure

Vignettes

I am, by nature, adventurous. Growing up as a mischievous child, I was a cat that fell on all fours in the eyes of my family. My mother still remembers when she pointed to the top of the cupboard to show me to the guests who came to see my broken arm when I was three. On a trip to South Africa, I realized how far I could push my limits of adventure.

On the last day of the tour, we hopped on the tour bus to the Bloukrans Bridge, located in Nature Valley in the Western Cape province. This arch-shaped bridge is built across the Bloukrans River at a height of 708 feet. The bridge is also home to the world's tallest commercial bungee jump, Face Adrenaline. The tour guide told us that this bungee jumping started in 1997, and since then, not even a single accident has been reported. The guide who encouraged everyone to do bungee jumping looked at the elderly in the group and said that the oldest person who jumped was a 96-year-old man named Moher Keet. Even after the entire introduction, only we women showed interest, and all men were silent.

So we reached there. Out of our group of 27, 10 women participated, including me. As Face Adrenaline is located in the middle of the bridge, we had to walk through a caged corridor to reach the spot, from where I could see a narrow stream far in the depths. Finally, we reached the spot. Since Indians are the main visitors, the organizers mostly played Bollywood dance numbers there. My excitement kept increasing as I heard those dance beats. While the security personnel explained the security mandates, they locked and secured my legs and attached some belts and hooks to my body. After which, they took me to the tip of the bridge.

I looked down to the depths and saw the tips of pine trees staring at me like the sharp spikes of a porcupine. Even though I felt a bit scared, I did not give up my courage. The assistants finally said one thing: after counting to three, when they say jump, I should jump, because they won't push me down. In return, I just asked whether or not to close my eyes while jumping. They told me to close my eyes.

Well... I was ready with both hands raised, like the crucified Lord. One, two, three, jump... I prayed to Krishna, bent my knees, closed my eyes, and jumped.

As the distance increased, the Bollywood beats faded into the void. Suddenly, I felt a pull in my leg. That's when I opened my eyes. For the first time in my life, I was seeing everything like an upside-down bat. Now the forest of spiky pine trees was seen overhead, and the bridge was at a far distance below. And there I was, swinging like a pendulum between the earth and the sky.

I have heard that hospitals are where we hear the sincerest prayers. But I have to add this situation to that list because, at that moment, I actually called out to God so deeply. My only thought at that time was, how would they find my body if I ever fell down? Anyway, after two

vignettes

minutes, someone came down the rope to take me back up. When he asked, "Are you ok?"... I yelled, "Please hold me," and I was desperately trying to grab his hand. "Don't worry," he said as he attached the hooks he had brought to my body, and I lay upright like a bat on a bed. Finally, he took me up to the bridge.

When I reached the top, everyone greeted me with applause. After some time, I realized what this adrenaline rush was all about. As a result of minutes of blood rush to my head, I was feeling hungry for no reason and ate a lot of food and crisps after the jump.

I had the biggest adventure of my life that day, and that will always be the crowning achievement of my life. But even today, the very thought of that jump gives me a feeling of weakness below the knee.



Ms. Roshni Raman

Content Writer
Presidency University



From Humble Beginnings to a LinkedIn Influencer: My Inspiring Journey

As an MBA student back in 2009, I created my LinkedIn profile but failed to grasp the true power of this professional networking platform. For years, my interaction with LinkedIn was limited to merely updating my profile whenever I changed jobs, essentially neglecting the vast array of opportunities it offered.

However, a pivotal moment came in 2016–2017 when I worked at a corporate firm that exposed me to the world of digital marketing. In addition to training in this new domain, I continued honing my core expertise in soft skills development. This experience ignited my passion for video editing, and I began creating content for YouTube, LinkedIn, and other social media channels.

In 2019, I joined Presidency University in Bangalore as a soft skills trainer. Initially, my role centered around delivering soft skills and placement training to students across various schools within the university campus. However, the unprecedented COVID-19 pandemic in 2020 disrupted traditional teaching methods, compelling us to transition rapidly to online training. This challenging phase proved to be a blessing in disguise, as it prompted me to revisit my digital marketing knowledge and explore how I could leverage it for personal brand building. I diligently developed a comprehensive module on 'Personal Brand Building' and dedicated myself to optimizing my LinkedIn profile actively. This included meticulously designing visually appealing posts, writing thought-provoking newsletters and articles, and organizing engaging audio and live events. Consistently creating high-quality, tailored content for my target audience gradually paid rich dividends. My profile visibility skyrocketed, attracting new connections and presenting me with incredible professional opportunities.

Inspired by the positive impact of LinkedIn, I became determined to further upskill myself. I invested time in learning cutting-edge AI tools and earning relevant certifications, which empowered me to elevate my brand-building strategies even further.

My unwavering commitment and innovative approaches did not go unnoticed. Recently, I was honored with two prestigious 'Top LinkedIn Voice' badges (💡 Top Life Coaching Voice and 💡 Top Presentation Skill Voice), which are a testament to my remarkable journey and the credibility I have built on this influential platform.

Today, I pay it forward by training my students on the nuances of leveraging LinkedIn effectively for their career growth. Witnessing their success stories as they implement my learning fills me with an immense sense of pride and accomplishment. However, my



transformative LinkedIn journey is far from over. I remain driven to explore more innovative strategies that can help me and my students excel professionally through this powerful networking medium.

I hope that by sharing my inspiring story, I can motivate others to unlock the vast potential of LinkedIn and embark on a path toward unprecedented career growth and success.

My LinkedIn Profile:

<https://www.linkedin.com/in/neeraj-kumarcertifiedinternationalcorporatetrainer/>



Mr. Neeraj Kumar

Soft Skills Trainer

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“Poetry and Nation: What Incites Such Wrath against Poets?”

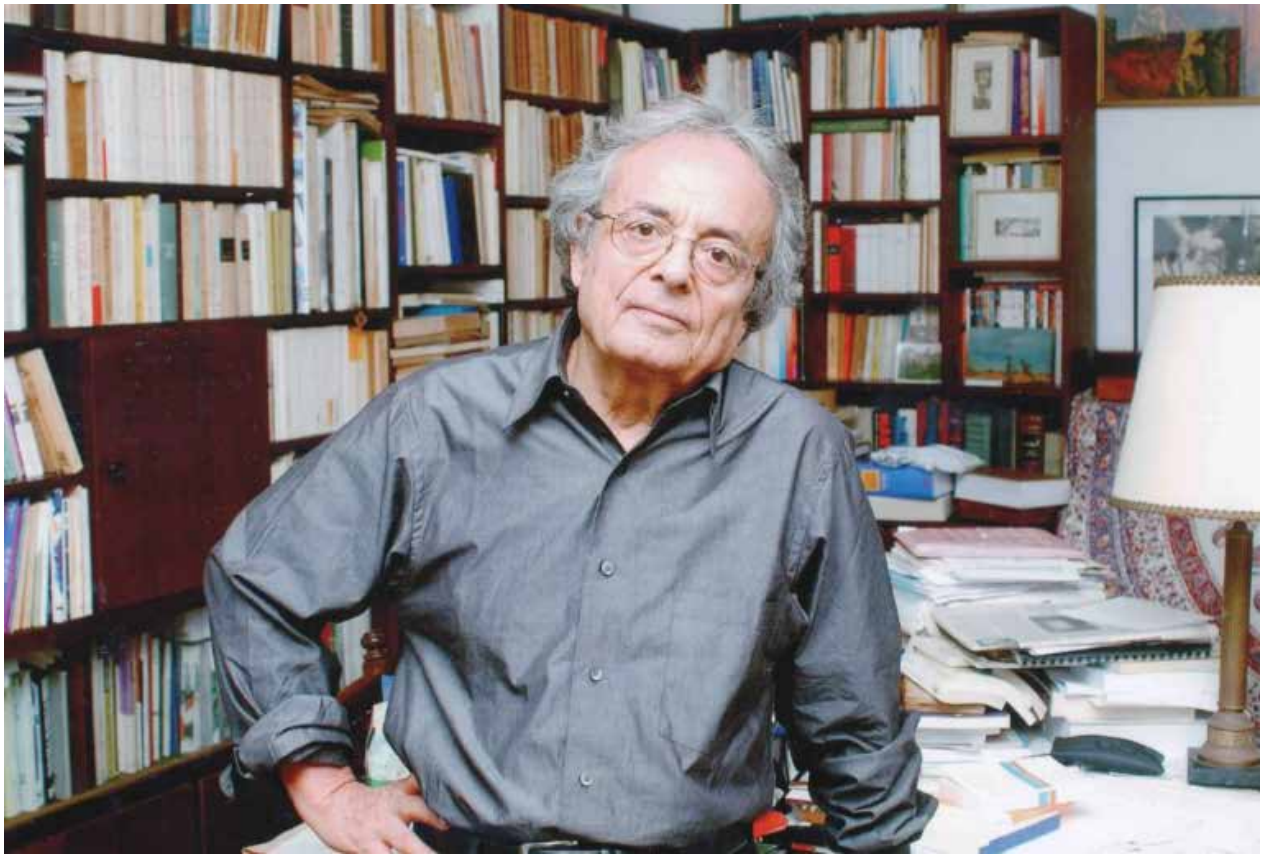
When UNESCO declared March 21 as World Poetry Day more than twenty-five years ago, did they realize that writing poetry couldn't stop wars? Neither could it fill hungry stomachs. It quite seems like it cannot do anything else. Why, then, do so many people write poetry? Why do so many people listen to poetry? Why do so many people recite poetry? All questions have answers, but these answers lack depth.

Is there any language in which poetry is not composed? According to Ethnologue, there are 7139 living languages in the world. That number decreases when a language dies and increases when a new language finds its polyglot. Poets don't get bread by writing poetry, nor do they get shelter over their heads; a few 'Baul' poets' resort to begging under trees. So, what's the reason for the nation to hold grudges against poets? Once, Virgil was exiled by his country, Italy, and Ovid was banished from Rome to Romania. Four millennia ago, Brahmins murdered the poet Tukaram for speaking against society's injustices. Benjamin Moloise was hanged despite not committing any violent acts. During Shakespeare's time, only a few so-called listeners and readers engaged with his work, yet it endured. Hitler and Stalin competed in executing numerous poets and intellectuals, turning Germany and Russia into graveyards for poets.

vignettes



A young poet, Refaat Alareer, was teaching Shakespearean poetry at a university in Gaza. He vehemently protested against Israel through his own verses, inspiring thousands of young minds at the university through his poetry. Refaat lost his life along with four family members in an Israeli bomb attack. He coined the slogan "We are not in number," transcending borders with his message. Even in death, his dreams linger in Gaza. That is poetry: "If we must die, let it bring hope; let it be a tale." During the war, 13 poets intentionally perished in Gaza. Witnessing how poets resist and protest in Gaza evokes memories of poets protesting against Hitler and the Jewish Holocaust during World War II. It makes one wonder: is there any force greater than poetry?



Syria's controversial poet Adonis, nominated for the Nobel Prize every year in Stockholm, fused Surrealism and Sufism in his poetry. He spent his entire life writing poetry in exile, as his country did not acknowledge his poetry, and he reciprocated the sentiment. In contemporary times, Chile's poet Raul Zurita was tortured by Pinochet's police in his youth so many times. Now, 75 years old, he struggles to walk properly and cannot sit for a long time. His suffering is a consequence of his dedication to poetry in this world. However, when young poets gather to recite his verses in front of his home, it's a touching homage to his enduring spirit.

In the Indian Constitution, the 8th Schedule recognizes 24 languages, yet there are nearly 1000 more spoken languages across the country. Poetry flourishes in every language, gradually uncovering the rich tapestry of India's linguistic diversity. As these myriad voices converge,



India emerges as another potent global force. Indeed, poetry stands as the purest expression of our souls. Robert Frost famously remarked, 'Poetry is when an emotion has found its thought and the thought has found words.' It guides us to inhale the freshness of the air, to coexist with care and love, and to navigate how to overcome societal challenges and adversities and how to inseminate our dream within the moon-flooded fertile soil of the world. Any ruler doesn't desire to grow up in this dream, then

"Let them die, or spend repenting the rest of their existence --

Victorious I'm, today, compelling them

To pit bottomless." (Jnanpith Awardee Poet Sankha Ghosh)

vignettes



Mr. Arun Samanta
Assistant Librarian

From a Soldier's Diary

Eggs to Order: A-La Indian Army

Breakfast in the Army has always been a hurried affair for a young officer. The interval between morning physical training and the office barely gave time for a quick shower and change of dress. This was followed by a brief stopover at the officer's mess for a quick breakfast. Unlike a corporate guy who could take a quick bite of a sandwich in his car on the way to work, the poor subaltern (Lieutenant) had to follow a regimen that gave no concessions.

The Officer's Mess was still steeped in Victorian tradition, and a normal breakfast would stretch for at least 30 minutes. It was an elaborate affair. One had to be seated and wait patiently while the mess steward went about his job. He would walk up to your seat and fill a glass of water before popping the ubiquitous question.

"Sir, how would you like your egg?"

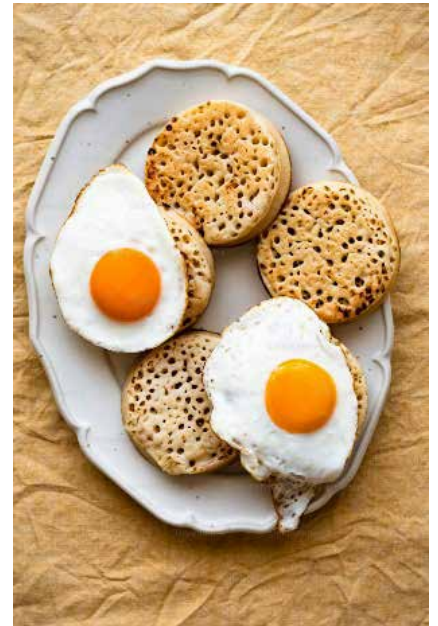
This seemingly innocuous query might seem very normal to us. After all, it was a very plain and simple question. There were a finite number of ways in which a person could have eggs for breakfast. Therefore, it was only a matter of one's individual taste and choice.

It was my friend, Swarajinder, nicknamed Suzie, who exposed me to the intricacies behind this mundane question.

"Narie," he asked me, "have you ever wondered about how important this question is for us as leaders?"

The dumbfounded expression on my face would have convinced him that I had never given any thought to it, for he quickly clarified further, "This is perhaps the first decision that a leader takes every morning. You can get a good insight into the decision-making capabilities of leaders by just observing the way he responds to this question."

Suzie was about my age. This conversation took place in the late seventies, and both of us were in our early twenties. Suzie was a couple of years my senior in service. Moreover, I had grown to respect his intelligence. Behind the thick-rimmed glasses, I was aware of a brain that was





Vignettes

razor-sharp. I decided to take his words seriously and started observing the officers at the table over the next few days. My research was constrained by the small target group available for research. However, it didn't deter me. I soon realized that there were some distinct characteristics that put people into different groups.

The first lot consisted of those who clearly knew what they wanted.

“Two poached eggs, please,” or “one scrambled egg,” they would bark out in their finely clipped accents even before the steward had completed his query. A closer observation revealed these leaders to be very decisive. They knew what they wanted, and they wasted no time.

I also observed another startling fact. Some of them never varied their choices. It was poached eggs for them every single day of the week. Though good at making decisions, these were the leaders who were prone to the weakness of applying set templates. For them, every problem had just one solution. This solution was always the most apparent one. These were the leaders who excelled in military tactics and sand model discussions.

“I am sorry, sir, but we do not serve eggs on Tuesday. We serve only vegetarian meals today.” This was very interesting. Suddenly, the self-assured gentleman would be thrown out of balance. A new factor had been added that needed reassessment. Just like a software programmer who is told to add a new feature and made to rewrite the entire program, our gentleman too would find it hard to conceal his mild irritation. But he is usually quick to take stock of the changed situation.

“Give me a cheese cutlet,” he would state nonchalantly.

The second lot consisted of those who found it difficult to decide what they wanted to eat.

“Eggs?” They would repeat with a confused look, “What all are the options?”

This is from someone who has been dining at the same table for a few years.

“I shall have fried eggs,” they would say, “or perhaps I shall have an omelette.”

“Fine sir.” The steward would mouth it quite inaudibly, but he would continue to linger around without executing the instruction because he knew what to expect within a few minutes.

“Just a moment. Please cancel the omelette and make it fried eggs.”

“Deep fried or sunny side up, sir?”

“Deep fried, please. No. Hold on. Please make it single-fry.”

We have seen enough leaders like this around us. They are not only indecisive but also prone



to changing their minds quite often.

The third category was quite interesting. They were the ones who were quite quick to take decisions.

“I shall have a boiled egg,” they would state immediately upon being seated. They would then spend some time exchanging pleasantries with others at the table. When the boiled egg is finally served, they suddenly lose their temper.

“I had asked for an omelette”

“I am sorry, sir. I might have misunderstood you. I shall get you an omelette.”

“No problem. Now that you have got it, I might as well have it. Next time, please be more attentive while taking orders.”

Once the steward is out of sight, they will roll their eyes dramatically and say, “These stewards! I wonder who trains them.”

Another category consisted of leaders who set high benchmarks.

“I shall have an Egg Benedict.”

“Sir, I am sorry, but the cook does not know how to make one. Would you like to have something else?”

“What? He does not know Egg Benedict! Who made him a cook?”

Now these are the tricky ones. They set high expectations without taking stock of the resources at hand.

I found yet another type. These were the ones who would quickly look around the table and see what others were having.

“I shall also have a boiled egg.”

Now these are leaders who do not take decisions themselves. They are the democratic types who believe in decision-making through consensus.

Having studied and categorized the leaders, I finally had a difficult question in front of me.

Who is the better leader of the lot?

I found it very difficult to come up with a clear answer. However, I tracked the careers of these leaders for a couple of decades and found some interesting facts.

The leaders who were decisive were the ones most likely to reach top management.

The indecisive ones had lackluster careers.

The ones who were impulsive and prone to changing their minds were hated by subordinates.



Some rose to middle management but stagnated thereafter.

The ones who asked for Egg Benedict were the ones who aspired to become generals but failed to make the cut to Colonel.

The democratic ones were good in the field and loved by their men, but they too failed to reach the top.

My friend Suzie was one of the very few who managed to reach the top. I realized today that I had erred while taking his advice. Instead of spending my time on research, I should have followed his leadership style.

But then it is not too late in life to change one's choice of eggs. Please don't ask me about my choice of eggs. I will leave it to you to guess; after all, I made it to the rank of Major General!!



Maj Gen Gurdeep Singh Narang (Veteran)

**Dean & Chief Proctor
Department of Student Affairs
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Book Review

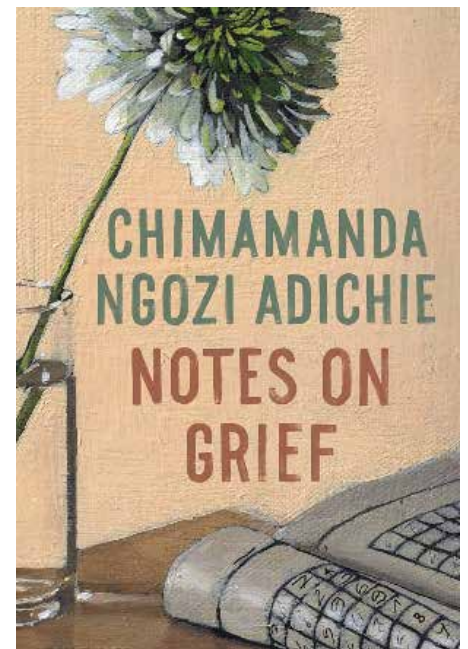
Embarking on an Emotional Odyssey: A Journey Through 'Notes on Grief'

Chimamanda Ngozi Adichie's "Notes on Grief" is a moving book about the author's journey through sorrow and mourning following the unexpected death of her loving father. Through a series of contemplative pieces, Adichie dives into the nuances of grief, examining the enormous impact of death on her family, culture, and herself. Set in Nigeria, Adichie's narrative blends together personal anecdotes, cultural observations, and universal truths to provide a highly intimate and incisive analysis of the grief process.

Adichie's writing in "Notes on Grief" is both lyrical and emotionally engaging. Her work is infused with emotional honesty and vulnerability, transporting readers to her world of loss and perseverance. The book is thought-provoking, encouraging readers to reflect on their own losses and find comfort in the shared humanity of grieving. Adichie's examination of loss is both deeply personal and culturally complex, as she flawlessly incorporates Igbo customs and rituals into her story, providing levels of depth and authenticity.

"Notes on Grief" is a remarkable book that takes readers on a highly personal and poignant journey through loss and mourning. It is a monument to the power of storytelling as a tool for healing and understanding, as well as a heartfelt reminder of the human spirit's tenacity and resilience. I would strongly suggest it to anyone dealing with loss or wanting to improve their understanding of the mourning process.

"Notes on Grief" is one of those books that will stay with you long after you've finished reading it. Chimamanda Ngozi Adichie's evocative observations on loss and sorrow are deeply personal yet universally resonant, providing readers with solace, understanding, and hope. I am excited to read more from this excellent author in the future.



Notes on Grief by
Chimamanda Ngozi Adichie
published by
HarperCollins Publishers
in April 2021.

Ms. Rajati Mukherjee

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L & D Department
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vignettes



Would you like to contribute articles to the University magazine?

Send your articles to editor@presidencyuniversity.in as a Word document along with your photograph and credentials before the **15th of each month. Images and photographs may be sent separately as attachments.**

Beyond Books: The Vital Role of Libraries in Education and Personal Enrichment

Libraries are central systems that serve as gateways to knowledge, offering resources that are vital for educating people and society across all levels.

Beyond mere storehouses of books, it provides access to resources in various formats, from print to digital, ensuring that individuals from all walks of life have the opportunity to learn and grow. In educational setups such as schools, colleges, and universities, libraries serve as vital hubs for supplementing classroom learning and facilitating deeper exploration of subjects. Not only academic, but public libraries also extend their hands in promoting literacy through initiatives meant for fostering a love of reading, engaging both young and old in the joy of learning. Additionally, libraries play a pivotal role in preserving cultural heritage by archiving “rare and valuable materials” that contribute to our understanding of history and society for our next generations.



Benefits of reading



The benefits of reading are multifarious, encompassing cognitive stimulation, enhanced language skills, and emotional enrichment. Regular reading expands not only our knowledge base but also improves cognitive brain function and concentration along with reducing stress and promoting mental well-being. Libraries provide an ideal environment for focused reading, free from distractions, and also provide access to a wealth of resources and expert assistance. Ultimately, engaging with literature contributes to our overall sense of peace and happiness, providing intellectual stimulation and moments of solace in our busy lives.

Presidency University Library invites you all. With its enriched collections and supportive environment, it not only facilitates knowledge-gaining but also promotes personal growth and intellectual exploration. By visiting the PU Library regularly, one can immerse themselves in a world of wisdom and enrich one's life with the treasures of knowledge it holds. Whether seeking to enhance their academic pursuits or simply expand their horizons, the library stands as a beacon of learning and enlightenment, inviting all to partake in its wealth of resources and experiences.

Vignettes



Dr. K N Sheshadri
Chief Librarian
Presidency University Library
Bangalore -560064



When the mind goes blank

You know that time when you are in the exam and boom! You have no idea anymore, and then you just sit there wondering the whole time what's going on. That feeling when you know the answer but it just doesn't surface. BLANK is the word. I always experienced it but never really thought of understanding what it was. One can pass it off as a fear that was momentary and situational, and all the more, I thought it was general and happened to everyone. That was hardly true. It was more specific to a person. Even though it is quite general in situations where stress levels are high, this is more on a personal level.

MindFeed

So what causes this, and does the term “blankness” exist? Yes. It is real and very much experienced by those dealing with it. The technical word for this state is “brain fog” or “anxiety brain fog.” This state is when a person feels anxious and has difficulty concentrating or thinking clearly. Even though at the primary stage it may happen at a subliminal level and the effect is subtle, the situation will grow, and so will the intensity of the brain fog. It is quite possible that this may lead to mental illnesses, and this may wreak havoc on the normal functioning of the person. It may become difficult to deal with the many consequences of the state, as sometimes it doesn't stay under our control and becomes hard for us to deal with ourselves.

Medical News Today put out an article on anxiety brain fog and stated that, “With brain fog, a person might feel less mentally sharp than usual. They might feel numb, and everyday activities may require more effort. Some people describe it as a foggy haze that makes accessing their thoughts”. Thoughts that fog the mind, leading to a depletion of productive and efficient thinking, may not turn out to be as good for the mind. Sometimes it may not be situations, but thoughts about the bonds shared with others that force the mind to go blank. It becomes a concern when it causes an inability to come out of it. And even worse, they do not recognize the need to come out or the severity it can cause. At this point, one should and must seek help and learn to process and confront the truth about what they might be experiencing. There is definitely a way out of this. With therapy and counseling, one can understand their response to such situations and how to come out of them. It is recommended that they soon start to seek help for this since this may significantly affect the normal functioning of the individual. More mindfulness and being present in the moment can help with getting out of or dealing with the mind fog.



Ms. Namratha Jessica
Student Counsellor
Department of Student Affairs





This too shall pass

Can there be something that can make me happy when I am sad? asked the king to his courtiers. It should help my sadness fade away in a trice.

They looked at one another with a puzzled look. How can anything make the king happy when he is sad, and who will ever have the gumption to approach him when he is sad? "Not me, not me for sure. Who will risk his reputation and make the king angry? Certainly not me," they chorused.

All the courtiers vanished, one by one, from the scene.

As always, it was the turn of Abu, the wise, to think of something out of the box to save the situation. He knew that the king would be disappointed if all of them gave up finding a solution to the proposition.

He thought and thought, and then called the goldsmith to his chamber.

The man came, wondering what the chief courtier had in store for him.

Can you make me a simple band, my good man? asked Abu, the wise.

Yes, Master replied the goldsmith.

On it should be inscribed the words "This too shall pass." Create the ring to fit the royal ring finger., he added.

The next day, the man brought a simple, elegant band on which was neatly engraved the words 'This too shall pass.'

Abu rewarded the man handsomely, and he soon went to meet the king.

What do you have for me? asked the king. He knew that he would never be disappointed by his wise counselor.

A simple ring, oh king, replied Abu.

He took out the ring and placed it on the royal finger. Look into it when you feel sad, angry, disappointed, or helpless. Also when you are happy, elated, or high in spirit.

The king looked at the words and saw the profundity in that one simple sentence. He understood that nothing is permanent.

Nothing endures but change.
Heraclitus



Events Galore

**Roundup of activities
in April, May 2024**

Department of Student Affairs

NSS Round up

Steps towards fitness

The NSS cell of Presidency University conducted a trekking expedition to Makali Durga on May 1, 2024. Nearly 35 students participated in this trek, aligning with Fit India, which promotes good health by following an active lifestyle.

Makali Durga Trek, located on the outskirts of Bengaluru, is a popular day trek of moderate difficulty for all levels. The students endured the physical challenge of the trek, with each participant averaging around 14,000 steps. At the summit, the students engaged in a cleanliness drive and picked up seeds that would come in handy for their environmental activities during the rainy season.



Events Galore

Prizes galore

Students who won prizes in various events were felicitated at the University.



School of Engineering

The National Symposium on Energy Management and Sustainability was held on April 27, 2024, to address pressing issues related to sustainability across various sectors. The symposium brought together experts, researchers, policymakers, and practitioners, thus facilitating dialogue through shared knowledge and exploring innovative solutions to promote sustainable development.



School of Commerce and Economics PRAGYA: The Entrepreneurship Association Industrial Visit to the Doddballapur Industrial Area

50 registered students of Pragma, Entrepreneurship Association, School of Commerce and Economics, Presidency University, visited Doddballapur Industrial Area on April 24, 2024, accompanied by Dr. D. Vijayasree, Assistant Professor, and Dr. K. Balaji, Assistant Professor. Earlier, the students visited the Karnataka Milk Federation (KMF) and gained vast knowledge about the entrepreneurship and innovation opportunities, manufacturing facilities, inventory management, and manufacturing processes in the company.



Events Galore



Impact of AI on Employability and Career Trends

Team Digitopedia (Official Digital Marketing Association of Presidency University), School of Commerce and Economics, Presidency University organized a seminar exploring the 'Impact of AI on Employability and Career Trends' on April 16, 2024. Dr. P.S. Joan Kingsly, Dr. V. Hemanth Kumar, and Dr. K. Renju Mathai addressed the students before the keynote speaker, Karthikeyan Shanmugam, Chief Manager, Karnataka State HR at Mahindra Finance. He emphasized AI's role in human resources and its relevance to the digital marketing landscape, providing valuable insights into the future prospects of AI in enhancing employability and offering students a glimpse into the evolving career landscape. The program offered valuable insights and networking opportunities that equipped students with the knowledge and foresight to navigate their future careers with confidence, while the chief guest's remark about AI being a challenge for those learning about it provided food for thought, stimulating further discussion on the implications of AI in the professional landscape.



School of Design

The School of Design at Presidency University conducted a workshop on 'Simple Pattern Development' for fashion design students on April 18–20, 2024. The resource person, Mr. Mohammad Ismail, Consultant and Advisor, Raymond Mumbai, and Founder of the e-learning APP SGPM (School of Garment Pattern Making) and author of six pattern-making books, engaged the students on the subject and resolved various doubts raised by them during an interaction that followed the session.



The School of Design conducted a workshop on the craft of making ornaments out of coconut shells from April 19 to April 23, 2024, at Presidency University. The resource person, Mr. Venkatesh Achar, a skilled artisan, has three decades of experience making metal and coconut shell ornaments and carving pieces from brass, copper, and coconut shell. Through the workshop, students learned to transform inexpensive material into a profitable business venture, practicing sustainability.

Mr. Venkatesh Achar gave aspiring artists a new road to self-sufficiency by illuminating the path to creating beautiful yet functional products with his vast experience and skills.

The School of Design, Presidency University conducted an immersive workshop on model making for interiors, curated by Mr. Deepak Mulajkar, the visionary behind Kydo—Learn Woodworking!

Events Galore



The 3-day workshop from April 18–20, 2024, turned out to be a golden opportunity for interior designing students to dive deep into the art of furniture model-making. Mr. Mulajkar shared with the students, the importance of woodworking, and imparted the understanding of furniture design and construction into interior spaces.



The School of Design conducted a workshop on modeling and texturing for game design students on April 22–24, 2024, at Presidency University. The resource person, Mr. Dhruvakumar. N, a skilled 3D game artist with over 13 years of industry experience, has worked as a team lead for major game titles at Nukebox Studios and also served as faculty of 3D software. The 3-day workshop equipped the students with the essential skills for creating compelling 3D models and applying textures to their game projects. Students learnt to navigate the chosen 3D modeling software (Autodesk Maya) interface and also utilize essential tools.



The School of Design conducted a hands-on workshop on Usability Testing for UX Design for the communication students on April 22–23, 2024, at Presidency University.

Mr. Praveen Kadni, the chief resource person is a seasoned user experience lead and former head of human actors and industrial design at Biocon Biologics specializing in user research, usability testing, and crafting intuitive interfaces. His expertise includes integrating user-centered design principles to create impactful user experiences. The workshop helped communication design students equip themselves with essential skills and knowledge to effectively evaluate the usability

Events Galore



of digital interfaces. Through practical exercises and theoretical insights, participants learned how to conduct usability tests, gather meaningful feedback, and iteratively improve user experiences.



The School of Design conducted a CYNOTYPE workshop for its first-year students on April 22–24, 2024, at Presidency University. The resource person, Mr. Royalkriss Thangjam, with over five years of experience in graphic art (printmaking), holds a Masters in Fine Arts from Visva Bharati, Shantiniketan, and works as a faculty member at the College of Fine Arts, Karnataka Chitrakala Parikshath, Bangalore. Mr. Thangjam is also a recipient of the National Scholarship for Young Artists by the Ministry of Culture of India for the years 2017–2019.



Events Galore



The School of Design conducted an "Industry Academia Interface" on May 6, 2024, with Mr. Darshan Prakash, director, Paper Rabbit Solutions Pvt Ltd., as the resource person. An artist, entrepreneur, and graduate of fine and applied arts with a degree in animation, Mr. Prakash has worked for over 15 years in industries across various domains. He shared insights into the design career landscape, industry growth, strategies for thriving as a designer, bridging academia and industry, and navigating career trajectories. An interactive Q&A session rounded off the proceedings.



Office of the International Affairs

Delegates from Temple University, USA visited Presidency University on April 18, 2024. Dr. Gregory N. Mandel, Provost and Laura Carnell Professor of Law, Dr. Emilia A. Zankina, Vice Provost for Global Engagement and Dean of Temple Rome, Dr. Martyn J. Miller, Assistant Vice President for Global Engagement and Mr. Kunal Parekh, Temple Alumni Representative in India held discussions with officials and discussed possible collaborations.



The Office of International Affairs also hosted representatives from the FH Münster University of Applied Sciences, Germany, on May 14, 2024, to forge connections and strengthen partnerships in the higher education landscape. Prof. Dr. Ulrich Blaz and Prof. Dr. Marcus Laumann shared their insights on "German Cultural Values in Business and SMEs in Germany" with the students.



This was followed by a visit by Dean Angie Shafei and Dr. Madhan Balasubramanian from the College of Business, Government, and Law at Flinders University, Australia, on May 14, 2024. This collaboration aims to enhance student mobility, expand research opportunities, and strengthen the ongoing partnership between the two universities.



Calling all Staff/Faculty

Have you published papers, written books, bagged awards or won accolades recently? Send us a short report with an accompanying photograph. Have it featured in Kaleidoscope by mailing it to editor@presidencyuniversity.in

Picture Calling

Answer to the April edition of the Picture Calling photo contest



Hesaraghatta Lake is a freshwater lake and is situated 18km northwest of Bengaluru. It was built in 1894 across the Arkavathy River in order to meet the drinking water needs of an expanding city. It is sprawled over an area of 1000 acres and is surrounded by grasslands, providing much-needed lung space to the shrinking greenery of the city. Many species of birds can be seen here, and it is an absolute delight for visitors to soak up the greenery and breathe the fresh air away from the bustling population.

The following got it right.

1. Ms. Deepa V, Front Office Executive
2. Dr. Priyanka Tripathy, Assistant Professor,
School of Management, Presidency University



Picture Calling

Here is another picture to test your general awareness.



Send the details of this picture, your name and your role/ class details to editor@presidencyuniversity.in





Dr. Vinodhini Chinnaswamy,

Associate Professor, Department of Languages, bagged three gold medals in the 43rd National Masters Athletics Championship 2024, held in Mumbai on April 25th, 26th, and 27th 2024, organized by the Masters Athletics of Maharashtra.

High Jump: Gold Medal (National Meet Record)

Discus Throw: Gold Medal

Relay 4 x 400 mts: Gold Medal



Congratulations to Dr. Dharmesh K. Srivastava,



Associate Professor, Department of Electronics and Communication, for having his research paper on the New explicit current output SRCO using a single CFOA and all grounded capacitors published in the AEU International Journal of Electronics and Communication in April 2024.



Sustainable Smart Cities: What Lies Ahead

In the era of the fourth industrial revolution, the fusion of technology with urban landscapes has become inevitable. Smart cities, characterized by the seamless integration of digital innovations with urban infrastructure, promise a future that is both sustainable and efficient. Yet, the journey towards sustainable smart cities is fraught with challenges and uncertainties, demanding a collective effort to chart a path forward.



In his keynote address delivered at the International Conclave-In Civil Engineering (IC-ICE 2024) held at PACE, Mangaluru, Professor Jagdish H. Godihal, a distinguished expert in civil engineering from Presidency University, Bengaluru, Karnataka, brought out the complexities surrounding sustainable smart cities and emphasized the imperative for concerted action. Central to the discussion was the question: What lies ahead for sustainable smart cities? Professor Godihal's address began with a multidimensional exploration, encompassing technological advancements, environmental considerations, social equity, governance structures, and economic viability. By twinning insights from diverse disciplines, the address painted a comprehensive picture of the opportunities and obstacles that lie on the horizon.

The address emphasized the transformative potential of emerging technologies in shaping the urban landscape. From the Internet of Things (IoT) to artificial intelligence (AI), these innovations hold the promise of optimizing resource utilization, enhancing public services, and fostering innovation. However, their implementation also raises pertinent questions regarding data privacy, cyber security, and the digital divide. Professor Godihal advocated for an inclusive and participatory approach towards smart city development, balancing technological innovation with ethical governance. Furthermore, the address emphasized the imperative of environmental sustainability in smart urbanization. Climate change, resource depletion, and ecological degradation pose existential threats to cities worldwide. By championing renewable energy, green infrastructure, and circular economy principles, sustainable smart cities can mitigate their ecological footprint and foster resilience in the face of environmental challenges.



The keynote address served as a clarion call for engineers, technologists, policymakers, and citizens to collaborate in shaping the future of sustainable smart cities. By harnessing engineering prowess, embracing technological innovations, and adhering to the principles of triple bottom line sustainability, the world can pave the way towards urban environments that are resilient, inclusive, and prosperous for all.



Professor Jagdish H. Godihal delivered a valedictory note during the National Symposium on Energy Management and Sustainability (NSEMAS-2024) Presidency University Bengaluru on April 27, 2024, on the theme ‘Ascertaining Sustainable Development: Intersections of Engineering, Technology, and Society in Achieving the SDGs’. Earlier participants at the symposium emphasized the importance of aligning sustainability efforts with the United Nations

Sustainable Development Goals (SDGs). These goals serve as a guiding framework for our collective action, urging us to prioritize environmental stewardship, social equity, and economic prosperity. At the heart of the discussions was the recognition of the intricate interplay between sustainability, engineering, technology, and society. From advancements in renewable energy and smart infrastructure to inclusive technological solutions and sustainable manufacturing processes, engineering plays a pivotal role in driving progress towards the SDGs. Inclusivity, social equity, and community resilience have to be fostered for the efforts to yield meaningful and enduring impact, leaving no one behind.

Congratulations to Prof. Jagdish H. Godihal for the successful publication of the book chapter (Scopus Indexed) on “Evaluation of Solid Waste Management in Rural Areas of Udupi, Including an Adaptation Strategy. In: Vinod Chandra Menon, N., Kolathayar, S., Sreekeshava, K.S. (eds) Environmental Engineering for Ecosystem Restoration. Lecture Notes in Civil Engineering, vol 464. Springer, Singapore co-authored by Jithendra. S.

https://doi.org/10.1007/978-981-97-0910-6_24

We would love to hear from you.

Please send your feedback to editor@presidencyuniversity.in



The Presidency Alumni



ALUMNI 
CONNECT 

Each month, Kaleidoscope features an exclusive section dedicated to Presidency University alumni.



Ode to my city

The one-time cool “Garden city” one finds now with a new itch,
in its mad rush to get hitched with the so called” flat world” every which way possible,
it kills the symphony of colors, both willingly and otherwise;
trees fall, monstrous flyovers rise, technological behemoths,
which fast become dinosaurs as economic down turn hits hard,
stand daunting us, adding greenhouse gases now,
it’s all kitsch and concrete everywhere.
My city Bangalore it’s changed!!



Sufyan Ahmed
Department of Civil Engineering
School of Engineering
Batch of 2022



Not a Horror Story

The 2 AM traffic lights breakdance anonymously and glare at the world at the same time, as you swerve the car across to the left of the road. You pull it to a halt on the corner of the road, beside a roadside tea stall that was surprisingly open at this hour. Your fingers tremble as you hold on to the keys and lock the car after getting out. You walk to the stall and buy a cup of chai. Sipping onto it, you pull out your phone, only to see twelve back-to-back missed calls from your wife. Rubena always had issues, with the silliest of the things. You put the phone away with a sigh of extreme exasperation, complementing your already disoriented mind. The phone rings again, but you ignore it. It rings three times after that, and the chai wallah asks you, out of curiosity, in the politest manner, “Bhaisaab, kaun?” You shake your head.

Getting into the car, you drive back home. You pull into your driveway and park your car in the garage. You walk toward your front porch. You take your shoes off and leave them on the porch. The yellow lamp over the door stirs and flickers once, maybe twice. The front door is slightly ajar. You feel the shivers up your spine. No, brace yourself; this is not a horror story.

“Rubena? “You call out in eight different octaves, only to be greeted back with stone-cold silence. Perhaps Rubena had gone out somewhere. But it is 2:30 AM, you think to yourself, glaring at your watch dial. Perhaps she was asleep. But then, why is the front door open? Must’ve been the wretched wind. You enter, gently shut the door behind you, and fumble for the switches in the darkness. You pull your phone out to switch the goddamn flashlight on, but yes, it had to be just then that your phone chose to give up on you, as a 1% red battery symbol flashed onto the screen twice before it blacked out.

Wonderful.

After three minutes of tripping over and knocking your knee onto solid oak furniture, you manage to find the switch panel. You turn the switches down, expecting the room to be illuminated the next second. But there is no electricity.

“Rubena? Rubi?? “you yell into the night.

This time, you hear footsteps shuffling, and they approach closer by the minute. But you don’t know who or what it is, because, trust me, it most definitely doesn’t sound like Rubena.

“Hi, Neil,” says a female voice. You swear you couldn’t have mistaken for anything but your ex-girlfriend.

Now, in normal circumstances, this would be perfectly okay, and you wouldn’t freak out as much. But let’s twist the plot a little more. Your ex-girlfriend had died in a car accident three years ago, after which you’d met Rubena, and you’d gotten along like a house on fire.



“Sia? You stammer into the cold, black night, Sia, being the ex-girlfriend. You hear a high-pitched, cold laugh on the other end.

It sends shivers down your spine, and for a second, it is almost as if you had your heart in your mouth.

”Sia, what are you doing here?“ You ask again, with a little more emphasis and less stammer.

“I’m not Sia, I’m Rubena,” says the same voice before breaking into another bout of ice-cold laughter.

Your head’s in a tizzy and you almost want to collapse without second thoughts, but you gather yourself up. This night is going to be longer than you thought. The next minute, you see a tiny golden candle flame flickering and making its way towards you. Now obviously, a flame cannot float mid-air, and you can make so much sense of it, so you take baby steps towards it—your way of making an attempt and giving off the vibes of a friendly conversationalist, you just wanted to get done with this nonsense and crawl into bed, whether you found Rubena or not. All of a sudden, you find yourself face-to-face with a very disoriented human being, paler than any ghost you’d seen in the TV serials your wife used to watch. The eyes were contorted, and there weren’t any eyeballs at all, only hollows. God knows what lived in them.

Now let me remind you, this is not a horror story, mind you.

You scream louder than you’ve ever screamed in your entire life. That is the last thing you remember. You wake up to find yourself tucked into the blankets on your bed and the curtains drawn aside, and sunlight streaming through the window. You sit up and stretch, only to find yourself in a vest and shorts, you don’t remember changing. Strange, you mutter to yourself.

Rubena enters the room, gives you a warm smile, and places your coffee on the bedside table. You are not a blind man, most certainly not even when you just woke up from a sleep you would metaphor to coma. Rubena looks paler than before, and she has red patches on her hand, that she quickly hides upon stare.

“Good morning, Rubi,” you nod at her before reaching out to pick up your coffee.

“Good morning honey”, she chirps in the voice of your ex-girlfriend, and gives you a thirty-two teeth smile, except this time there aren’t stable teeth but bloodstained canines, and her eyes aren’t humane anymore. Realization dawns upon you. You gasp.

You pull your phone out, dial my number, and I pick up on the second ring.

“Get here quick; Rubena isn’t here,” you stammer.



I don't know how to make sense of it. I make it to your house as fast as possible and press the doorbell switch. The door opens and I come face to face with Rubena. I frown.

“Where's Neil?”, I pant, tired from the kilometre marathon to your place.

“I'm Neil.”, says Rubena, in your Adam Levine-ish voice, and stares at me with hollow eyes and a warm canine smile, only it freezes me even more. My knees are rooted to the ground.

Mind you, whoever is reading this, this isn't a horror story. It is far worse.



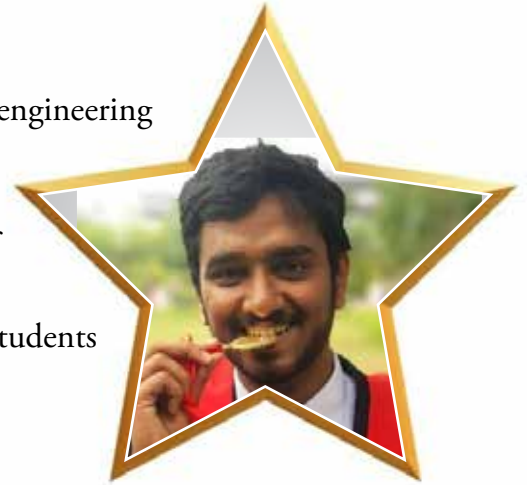
Maanasa Manikandan
B. Des. Communication design
Batch of 2023



Star of the Month

Chethan K. A

Chethan graduated with a gold medal in B. Tech. civil engineering from Presidency University in the year 2021. He completed his post-graduation in construction business analytics from NICMAR. After completion of his higher studies, Chethan co-founded Skillbind Education, focusing on empowering civil engineering students with enhanced skills for furthering their careers.



Skillbind boasts strong corporate partnerships with construction companies in Bengaluru and also offers workshops, masterclasses, online courses, and webinars to provide fresh insights.

His enterprise is a valuable resource for professionals in this domain.



Dear Alumni,

If you would like to be featured in the Star of the Month column, please mail information about milestones, your professional, and extracurricular achievements to editor@presidencyuniversity.in and Kaleidoscope will feature them in the Alumni Connect.



Proverbially Speaking

Proverbs enhance the beauty of a language. Proficient speakers use proverbs appropriately while speaking or writing. Given below are a set of proverbs. Use them to fill in the blanks appropriately.

1. Better late than never.
2. Knowledge is power.
3. Home is where the heart is.
4. Out of sight, out of mind.
5. The early bird catches the worm.
6. Don't count your chickens before they hatch.
7. Still waters run deep.
8. The tree is known by its fruit.
9. Strike while the iron is hot.
10. A bird in hand is worth two in the bush.

1. Have you received the offer letter? Go for it rather than waiting for something else to come up; _____.
2. She completed her degree in spite of personal setbacks; _____.
3. You will definitely be judged by your actions; after all, _____.
4. Just because he works silently, don't underestimate his capabilities; _____.
5. Did you see that opportunity? Seize it immediately and _____.
6. Wait for the results, and then make your plans. _____.
7. There is stiff competition in the world today in every field, but remember, _____.
8. You may go wherever you want in this wide world, but _____, and that is with your loved ones.
9. The two friends are so loyal to each other that even when they are far away, it is not a case of _____.
10. Waking up early and finishing all chores is a great start to my day. _____, indeed.

Wisdom is not a product of schooling but of the lifelong attempt to acquire it.
 Albert Einstein



Answers

1. Have you received the offer letter? Go for it rather than waiting for something else to come up; a bird in hand is worth two in the bush.
2. She completed her degree in spite of personal setbacks; it is better late than never.
3. You will definitely be judged by your actions; after all, a tree is known by its fruit.
4. Just because he works silently, don't underestimate his capabilities; still waters run deep.
5. Did you see that opportunity? Seize it immediately and strike while the iron is hot.
6. Wait for the results, and then make your plans. Do not count your chickens before they hatch.
7. There is stiff competition in the world today in every field, but remember, knowledge is power.
8. You may go wherever you want in this wide world, but home is where the heart is, and that is with your loved ones.
9. The two friends are so loyal to each other that even when they are far away, it is not a case of out of sight, out of mind.
10. Waking up early and finishing all chores is a great start to my day. The early bird catches the worm, indeed.



From gothilla to gotthu (don't know to know)

From the Department of Languages, Kannada, for non-Kannadigas to make yourselves at home in Bengaluru. Happy learning.

Names of Vegetables / Tarakaari

POTATO	aalugeDDe	ಆಲೂಗೆಡ್ಡೆ
BRINJAL	badane kaayi	ಬದನೆ ಕಾಯಿ
LADIES FINGER	benDe kaayi	ಬೆಂಡೆ ಕಾಯಿ
PUMPKIN	kumbaLa kaayi	ಕುಂಬಳ ಕಾಯಿ
BOTTLE GOURD	sore kaayi	ಸೋರೆ ಕಾಯಿ
CUCUMBER	southe kaayi	ಸೌತೆ ಕಾಯಿ
GREEN CHILLY	hasiru meNasina kaayi	ಹಸಿರು ಮೆಣಸಿನ ಕಾಯಿ
CABBAGE	ele kosu	ಎಲೆ ಕೋಸು
CAULIFLOWER	hoo kosu	ಹೂ ಕೋಸು
RADISH	moolangi	ಮೂಲಂಗಿ
ONION	iiruLLi	ಈರುಳ್ಳಿ
GARLIC	beLLuLLI	ಬೆಳ್ಳುಳ್ಳಿ
GINGER	shunTi	ಶುಂಠಿ
GREEN LEAVES	Soppu	ಸೊಪ್ಪು

In the end we retain from our studies only that which we practically apply.
Johann Wolfgang Von Goethe



Names of Fruits / haNNu

BANANA	baaLe haNNu	ಬಾಳೆ ಹಣ್ಣು
MANGO	maavina haNNu	ಮಾವಿನ ಹಣ್ಣು
ORANGE	kittaLe haNNu	ಕಿತ್ತಳೆ ಹಣ್ಣು
PAPAYA	parangi haNNu	ಪರಂಗಿ ಹಣ್ಣು
MUSK MELON	karbuja haNNu	ಕರ್ಬುಜಾ ಹಣ್ಣು
WATER MELON	kallangaDi haNNu	ಕಲ್ಲಂಗಡಿ ಹಣ್ಣು
CUSTARD APPLE	seeta phala	ಸೀತಾ ಫಲ
APPLE	sebu	ಸೇಬು
GRAPES	drakshi	ದ್ರಾಕ್ಷಿ

Parts of the Body

HEAD	thale	ತಲೆ
HAND	kai	ಕೈ
LEG	kaalu	ಕಾಲು
EYES	kaNNu	ಕಣ್ಣು
NOSE	moogu	ಮೂಗು
MOUTH	baayi	ಬಾಯಿ
FACE	mukha	ಮುಖ
HAIR	kudalu	ಕೂದಲು
EARS	kivi	ಕಿವಿ
FINGERS	beraLu	ಬೆರಳು
NECK	kattu	ಕತ್ತು
SHOULDER	bhuja	ಭುಜ
BRAIN	medhulu	ಮೆದುಳು



That Hot Cuppa

Emperor Shennong, the legendary Chinese emperor, once went on a trip to a distant region, and as always, his servants used to bring hot boiling water for him to drink. Unnoticed, a dead, dry leaf from a nearby bush fell into the cup of boiling water, and the water turned deep brown. The curious emperor sipped the water and quite liked the taste; he ordered his men to prepare the drink by infusing the leaves thereon. And thus it was that tea was born into the world. If this describes the origin of tea in China, then what about coffee? Here is the fascinating tale.

In 9th-century Ethiopia, a goat herder named Kaldi saw that his goats always appeared energetic after nibbling on the bright red berries growing on the mountains. Curious to know the reason, Kaldi chewed a few of the berries himself. He felt a strange but pleasant sensation and, not knowing what it was, took some of the berries to the monastery nearby. There, the head monk thought that it was all the devil's handiwork and threw the berries into the fire. As they crackled and got roasted, the entire place was filled with a pleasant aroma. The monks poured some water over the embers and sipped on the mixture. They stayed alert after drinking this mixture with such a heady smell that they decided to harvest the berries and make a drink of it. Word spread, and soon, the world woke up to the benefits of coffee.

Trivia

Though it was initially controlled by the Ottoman Empire and grew only in Yemen and East Africa, European merchant companies started growing it in other parts of the world. Can you



believe that there are 25 stages involved, from a bean to a cup, making it a truly globalized product?

Next time you take the cuppa in the morning, remember these amazing discoveries that have traveled a long way, undergone so many changes, transformed people into devoted tea or coffee drinkers, and certainly made a niche for themselves in the world.



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